

IYC Singapore is honoured to host a

Weekend Yoga Workshop with

Ramanand Patel

14–16th March 2008



Ramanand Patel regards Iyengar Yoga as his major influence since 1968. He brings with him more than 50 years of yoga experience. Recognized and respected internationally in many yoga communities as one of the world's foremost yoga instructors, he is especially skilled as an innovator in the use of props and in working with students who have special needs. He has been a student of Vedanta philosophy taught by HH Swami Dayananda Saraswati since 1984. He has also used the confluence of yoga and sound to emphasize receptivity of breath with an ever-deepening sense perception, opening the doors to an inward journey.

IYC Singapore is honoured to host Ramanand Patel for a 3-day workshop. His ability to combine technical skills of the structure of asanas, with his thought-provoking philosophy and humour make his lessons an all-embracing yoga experience. A wonderful opportunity to take your yoga practice to a deeper level through the guidance of a master teacher.

Date: 14th March (Fri) 6 – 8pm
15th March (Sat) 10am – 1 pm / 4 – 7pm
16th March (Sun) 10am – 12 noon

Fees: \$330 for four classes. \$80 for Fri class, only on a space available basis. Preference given to those who sign up for all classes. All classes advanced studies /general level, (two years plus yoga experience recommended).

Places are limited! Sign ups with full payment will ensure your place. Cash or cheques made payable to International Yoga Centre Pte. Ltd accepted.